



Juggling the endocrine cycle: how and why - Dr Roderick Lane, ND

Monday 1st Dec 10.00am - 4.00pm ICO Conference Centre, Berner Street London

Registration from 9.30am

**An all-day free event brought to you by BioCare®
in collaboration with The Natural Dispensary.**

Free



Dr Roderick Lane (ND) is an experienced naturopath who has been practising natural medicine for around 30 years, specialising in endocrine issues and fertility. In this seminar, Roderick will elaborate on the complex interactions between the 'yin and yang' of adrenal and thyroid function, how hypoglycaemia wreaks havoc with homeostasis, and how the gut interacts with the whole endocrine system. He will illustrate these concepts with a host of protocols and case examples, drawing

from his many years' experience.

Roderick's interest in natural medicine came about via studying martial arts and Chinese medicine. He then developed an interest in using the tools of nutrition, clinical nutrition and naturopathy as an integrated therapeutic approach. Voted three years running in "Tatler" magazine as one of England's leading practitioners of natural medicine, he is also a lecturer, co-founder of the London College of Naturopathic Medicine, author of 'The Adam and Eve Diet', and has designed products for BioCare® including Spectrumzyme, Polyzyme Forte®, and some of the new energy intensive range. His decades of experience and highly entertaining style make him a compelling, not-to-be-missed speaker. **4 hours CPD applied for (BANT/NNA).**

Refreshments provided mid-morning and mid-afternoon. You are welcome to bring your own lunch or you will be able to buy something at the many food venues very close by.

To book your place contact BioCare® on **0121 433 8774**
or email **education@biocare.co.uk**

